

Name \_\_\_\_\_ Hygiene

## Is This Good Hygiene?

Personal hygiene means keeping your body clean. Personal hygiene consists of a variety of different activities. Similarly, there are some things people do which contribute to poor hygiene. Do you know the difference? Read each item and indicate whether it contributes to good hygiene or poor hygiene.



Actions	Good Hygiene	Poor Hygiene
Floss your teeth		
Take a bath or shower		
Wear the same clothes day after day		
Wiping well after you use the toilet		
Wearing deodorant		
Wash my hair		
Cutting your fingernails		
Letting people smell your body odor		
Wearing stinky shoes		
Smoking cigarettes		
Wiping your boogers on your clothes		
Biting your fingernails		
Washing your hands when they're dirty		

# Activities For Hygiene Health In 5th Graders

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**Hygiene Instructional Manual** Benjamin Lee, Bart Lee, 2011-03-15     Resources in Education ,1997-04     *Journal of the American Public Health Association* ,1924     **Course of Study for Intermediate Grades, with Suggestions to Teachers** Philippines. Bureau of Education, Philippines. Department of Education, 1926     **American Journal of Public Health** ,1924 Includes section Books and reports     **Journal of Health, Physical Education, Recreation** ,1936  
*Research in Education* ,1974     **Education pamphlets** ,1922     Moderator-topics ,1909     **Essentials of Child Health Nursing - Theory and Clinical Practice** Mr. Rohit Manglik, 2024-07-24 A core textbook on pediatric care including developmental milestones nursing interventions and disease management integrating theory with practical skills

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Education Rutgers University, 1936      **Teachers' Monographs** ,1924      *Official Catalogue of Exhibitors* ,1915      Public  
Health Service Publication ,1952      Teaching in the Intermediate Grades George Earl Freeland, Roxana Morton  
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