

El ABC de la felicidad

Aristóteles, Buda y Confucio



LOU MARINOFF

Autor de *Más Platón y menos Prozac*
Ediciones B



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El ABC de la felicidad



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Aca Ael Abc De La Felicidadaca A Lou Marinoff:

El ABC de la felicidad Lou Marinoff, 2016-01-29 Encontrando la felicidad en un mundo de extremos Contra los extremismos que radicalizan nuestro mundo contemporáneo el autor nos propone cultivar la mente ahondar en el corazón y servir sin interés a nuestros semejantes Lou Marinoff es profesor de Filosofía en el City College de Nueva York así como presidente fundador de la American Philosophical Practitioners Association APPA preocupado por acercar la filosofía a la vida cotidiana de todo el mundo Otro best seller de Lou Marinoff en el que este recurre una vez más a la inspiración de algunos grandes pensadores de la Historia en este caso Aristóteles Buda y Confucio para afrontar los problemas de la vida contemporánea y lograr la felicidad Nota del autor Sea aristotélico manteniendo un compromiso firme para cultivar su mente Sea budista realizando un esfuerzo infatigable para ahondar en su corazón Sea confuciano manifestando una devoción desinteresada para servir a sus semejantes Usted posee estas preciosas claves para la mejora del patrimonio humano goza de poderes formidables para equilibrar la balanza para mejor *Contra el feminismo* Edurne Uriarte, 2007 Un análisis del modelo de mujer que cultiva atributos como la belleza que es madre y se ora de Hay muchas mujeres que a pesar de tener nuevas oportunidades han optado por el desarrollo de papeles tradicionales Político y atrevido este libro analiza cuáles son los resultados de la revolución feminista y sus contrapartidas *Tiempo de hoy*, 2006 El ABC de la felicidad Lou Marinoff, 2006

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