



## FIGO PERIODICAL MAINTENANCE SERVICE

### Scheduled Maintenance

**I** Inspect : Inspect and clean, repair, adjust or replace if necessary

**A** Adjust : Examination resulting in adjustment or replacement

**R** Replace

**C** Clean

**T** Tighten & Torque

**L** Lubricate

Maintenance Interval (number of months or mileage (Kms) which ever occurs earlier)	Months	3	12	24	36	48	60	72	84	96	108
	X1000 km	2.5	10	20	30	40	50	60	70	80	90

#### Engine

Engine oil	R	R	R	R	R	R	R	R	R	R	R
Engine oil filter	R	R	R	R	R	R	R	R	R	R	R
Sump plug gasket	R	R	R	R	R	R	R	R	R	R	R
Drive belts (Alternator & PAS pump)	I	I	I	I	I	I	I	I	I	I	I
Spark plug (only Petrol)	C	C	C	C	R	C	C	C	R	C	
Transmission oil	I	I	I	I	I	I	I	I	I	I	I
Air filter	I	I	R	I	R	I	R	I	R	I	I

#### Cooling system

Coolant degas bottle pressure cap	I	I	I	I	I	I	I	I	I	R	I
Engine coolant	I	I	I	I	I	I	I	I	I	I	I

#### Fuel System

Fuel filter (petrol)	I	I	I	I	I	I	R	I	I	I	I
Fuel filter (diesel)	I	I	I	R	I	I	R	I	I	I	R
Drain water from fuel filter housing (diesel)	C	C	C	C	C	C	C	C	C	C	C
Fuel lines and hoses	I	I	I	I	I	I	I	I	I	I	I
Breather hose		C	C	C	C	C	C	C	C	C	C

Engine Timing Belt need to be replaced at every 1,20,000 kms or 5 years

Hydraulic Assistance to be checked every 1,50,000 kms or 5 years

Brake pads to be replaced at every 1,50,000 kms or 5 years

# 2007 Ford Explorer Maintenance Schedule

**Ron Kempter**



## **2007 Ford Explorer Maintenance Schedule:**

**How to Make Your Car Last Forever** Thomas Torbjornsen, 2010-10-03 For many people a well maintained automobile is a source of pride and peace of mind But for others the idea of routine maintenance is daunting How to Make Your Car Last Forever will guide you through the minefield of preventative maintenance repair extended warranties and magic elixirs that claim to cure everything from oil consumption to male pattern baldness Author car repair expert and host of satellite radio show America's Car Show with Tom Torbjornsen Tom Torbjornsen has seen it all in his 40 years in the automobile industry Let him show you how to extend the life of your car indefinitely In How to Make Your Car Last Forever he explains the what when and why's of automotive maintenance and repairs in easy to understand terms Simple how to projects supplement the learning with step by step instructions that will save you time and money While you may not want your car to last forever Torbjornsen's advice will help you preserve it indefinitely while maximizing resale value down the road Preventative maintenance is the key to the automotive fountain of youth Let Tom Torbjornsen show you the way **Plunkett's**

**Automobile Industry Almanac: Automobile, Truck and Specialty Vehicle Industry Market Research, Statistics, Trends & Leading Companies** Jack W. Plunkett, 2007-10 Provides information on the truck and specialty vehicles business including automotive industry trends and market research mergers acquisitions globalization automobile manufacturers truck makers makers of specialty vehicles such as RVs automobile loans insurance and other financial services dealerships and components manufacturers Statement of Disbursements of the House United States. Congress. House, 2009 Covers receipts and expenditures of appropriations and other funds **The Car Book 2007** Jack Gillis, Amy Curran, David Iberkleid, 2007 *Delhi Press June 16, 2009*, Lemon-Aid Used Cars and Trucks 2010-2011 Phil Edmonston, 2010-05-11

The automotive maven and former Member of Parliament might be the most trusted man in Canada an inverse relationship to the people he writes about The Globe and Mail Lemon Aid shows car and truck buyers how to pick the cheapest and most reliable vehicles from the past 30 years of auto production This brand new edition of the bestselling guide contains updated information on secret service bulletins that can save you money Phil describes sales and service scams lists which vehicles are factory goofs and sets out the prices you should pay As Canada's automotive Dr Phil for over 40 years Edmonston pulls no punches His Lemon Aid is more potent and provocative than ever **Lemon-Aid Used Cars and Trucks 2011-2012** Phil Edmonston, 2011-04-25 A guide to buying a used car or minivan features information on the strengths and weaknesses of each model a safety summary recalls warranties and service tips **This!do! As It Should Be!** Ron Kempter, 2013-08-13 This writing was inspired by my reunion with four old friends that had spent the first grade through high school together reunited after fifty two years It was the nostalgia generated at the dinner party that made me realize I had to preserve my collection of dreams and aspirations travels and accomplishments so that family and friends would know where I came from how I got here and who I am The chronologies of the events in my life are not especially significant in terms of fame or

fortune but important to me none the less It is for this reason that I want to record the people and places that were meaningful in my life and to share my love for them all      *Seven Rules for Sustainable Communities* Patrick M.

Condon,2012-02-13 Questions of how the design of cities can respond to the challenge of climate change dominate the thoughts of urban planners and designers across the U S and Canada With admirable clarity Patrick Condon responds to these questions He addresses transportation housing equity job distribution economic development and ecological systems issues and synthesizes his knowledge and research into a simple to understand set of urban design recommendations No other book so clearly connects the form of our cities to their ecological economic and social consequences No other book takes on this breadth of complex and contentious issues and distills them down to such convincing and practical solutions

*Tree Care Industry* ,2007      *Synthesis of Best Practices for Eliminating Fogging and Icing on Winter Maintenance Vehicles* ,2006      **Rutherford-Williamson-Davidson Power Supply Improvement Project** ,2008      **F & S Index**

**United States Annual** ,2007      Decisions and Orders of the National Labor Relations Board, Volume 351 National Labor Relations Board (U S ),2009 Each volume of this series contains all the important Decisions and Orders issued by the National Labor Relations Board during a specified time period The entries for each case list the decision order statement of the case findings of fact conclusions of law and remedy      **Ethics and Business** Kevin Gibson,2007-07-19 In this lively undergraduate textbook Kevin Gibson explores the relationship between ethics and the world of business and how we can serve the interests of both He builds a philosophical groundwork that can be applied to a wide range of issues in ethics and business and shows readers how to assess dilemmas critically and work to resolve them on a principled basis Using case studies drawn from around the world he examines topics including stakeholder responsibilities sustainability corporate social responsibility and women and business Because business can no longer be isolated from its effects on communities and the environment these concerns are brought to the forefront The book also captures the dynamic nature of business ethics in the era of globalization where jobs can be outsourced products are made of components from scores of countries and sweatshops often provide the cheap goods the public demands      Seal, Trumpet, And Vial Larry M. Rosen,2011-11 Haley database developer CIA operative and a multiple personality is engaged to Willi Mayers His violent past makes her return home where her father is murdered Haley s alter ego emerges but when Haley shows an assassin mercy his other self ends their arrangement The twosome begin work on a Tribulation Tracking System funded by a televangelist On the team is Patricia Candor a born again Christian Seeing her faith makes agnostic Willi open to Christ a decision atheist Haley frets about When the team is attacked Willi can t defend herself so Haley sends her to the CIA s Farm Then outside events intrude Women are abducted and churches are defiled by a cryptic message Willi concludes the abductions are guided by Revelations Seal Trumpet and Vial judgments After an Al Qaeda operative recruits MS 13 to explode IEDs at a school Willi renounces God and plans to execute all involved Haley must now deal with two mass murderers and a woman he no longer trusts      **Babies by**

**Design** Ronald M. Green, 2007-01-01 Product Description We stand on the brink of unprecedented growth in our ability to understand and change the human genome New reproductive technologies now enable parents to select some genetic traits for their children and soon it will be possible to begin to shape ourselves as a species Despite the loud cries of alarm that such a prospect inspires Ronald Green argues that we will and we should undertake the direction of our own evolution A leader in the bioethics community Green offers a scientifically and ethically informed view of human genetic self modification and the possibilities it opens up for a better future Fears of a terrible Brave New World or a new eugenics movement are overblown he maintains and in the more likely future genetic modifications may improve parents ability to enhance children s lives and may even promote social justice The author outlines the new capabilities of genomic science addresses urgent questions of safety that genetic interventions pose and explores questions of parenting and justice He also examines the religious implications of gene modification Babies by design are assuredly in the future Green concludes and by making responsible choices as we enter that future we can incorporate gene technology in a new age of human adventure

In-depth Analysis of the JACK Model , 2009 Recently as part of a comprehensive analysis of budget and funding options a TxDOT special task force has examined the agency s current financial forecasting methods and has developed a model designed to estimate future State Highway Fund revenues and expenditures The Joint Analysis using Combined Knowledge JACK model is capable of projecting future TxDOT revenues and expenditures One part of the model includes estimation of revenue diversions **Cars & Parts** , 1981 The Cumulative Book Index , 1996 A world list of books in the English language

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