

ACOG Releases Guideline on Gestational Diabetes

Key Points for Practice

- Screening for gestational diabetes usually occurs at 24 to 28 weeks' gestation, but early screening is recommended in women with risk factors.
- Gestational diabetes should be treated with medical therapy.
- If medications are needed, insulin and oral medications are equally effective and appropriate for first-line therapy.
- Women with gestational diabetes should be screened again at the 32 to 36 weeks' gestation.

From the ACOG website.

Screening of pregnant women after organ transplantation has not been well studied, and the ACOG website states that:

A collective of 12 American Diabetes Association physicians in 2010 advised a regular blood glucose screening program.

Up to 17% of pregnancies are complicated by diabetes mellitus, and rates of gestational diabetes are rising worldwide with the increase in obesity and sedentary lifestyles. Gestational diabetes increases the risk of gestational hypertension, preeclampsia, cesarean delivery, and developing diabetes later in life. There is debate about the diagnosis and treatment of gestational diabetes, even with large-scale studies on the subject. The American College of Obstetricians and Gynecologists (ACOG) has released a guideline that provides recommendations based on good-quality research and identifies current gaps in knowledge.

Recommendations Diagnosis and Management (practice)

Gestational diabetes should be treated with medical therapy. If necessary, medications should also be used to benefit the mother and fetus.

Insulin shows a significant reduction in serious complications with treatment of gestational diabetes. Medical therapy includes nutritional counseling, a personal and medical plan, and a structured exercise program, with the goal of achieving euglycemia, preventing ketosis, facilitating adequate weight gain, and contributing to fetal well-being.

If target glucose levels cannot be met with medical therapy alone, medical therapy should be initiated. There is no conclusive

evidence to guide when to start medications. Although insulin has been the standard method of therapy for gestational diabetes, insulin and oral medications (e.g., glyburide, metformin [Glucophage]) are equally effective and appropriate for first-line therapy.

Screening the asymptomatic pregnant

All pregnant women should be screened for gestational diabetes using history, clinical risk factors, or glucose screening tests. Screening for gestational diabetes usually occurs at 24 to 28 weeks' gestation. Early screening is recommended in women with risk factors (i.e., history of gestational diabetes, known impaired glucose metabolism, or already (body mass index of 30 or more). If early screening results are negative, screening should be repeated at 24 to 28 weeks' gestation. The screening approach used as the United States method on initial routine glucose measurement and how often administration of 50 g of oral glucose solution. Results after that are based on whether the threshold at the start and then whether a rising, lower-level oral glucose tolerance test.

Although there are insufficient data to recommend for or against universal glucose testing of suspected macrometabolism for reduced birth trauma, macrometabolism is more common with gestational diabetes, and shoulder dystocia is more common in larger newborns whose mothers have gestational diabetes. Therefore, it is reasonable to discuss the option of cesarean delivery if gestational diabetes is diagnosed and the fetal weight is estimated at 4,500 g (10 lb, 12 oz) or more.

Insulin and other therapy

Screening thresholds for the one-hour glucose challenge have ranged from 100 mg per dL (7.2 mmol per L) to 140 mg per dL (7.8 mmol per L). Screening using randomization and specification. Because there is no clear evidence to determine the best threshold,

Acog Gestational Diabetes Guideline 23

**Amarnath G Bhide, Arulkumaran
S, Kaizad Damania, SN Daftary, Aundrea
Arias Schubbe**

Acog Gestational Diabetes Guideline 23:

Evidence Based Color Atlas of Obstetrics & Gynecology: Diagnosis and Management Richa Saxena, 2013-05-30
Featuring more than 1700 clinical pathological and surgical photographs this atlas is a comprehensive reference guide to the diagnosis and management of numerous obstetrical and gynaecological disorders Divided into two sections obstetrics and gynaecology each section is further divided into sub sections covering key clinical aspects and disorders in each of the disciplines Presented in an easy to read three column format throughout each topic provides high quality photographs with a concise clinical description and management techniques Each chapter includes Evidence based breakthrough facts with source details for further research Key points Comprehensive reference to diagnosis and management of obstetrical and gynaecological disorders Features more than 1700 full colour clinical pathological and surgical photographs and illustrations Easy to read three column format Evidence based breakthrough facts with source included in each chapter *Practical Obstetrics And Gynaecology Handbook For O&g Clinicians And General Practitioners (Third Edition)* Kim Teng Tan, Qiu Ju Ng, Thiam Chye Tan, 2024-04-11 This comprehensive handbook serves as a clear and concise reference text for Obstetrics and Gynaecology O G It is organised using a clinical approach framework with hands on practical advice on the diagnosis management and treatment of O G conditions The use of diagrams and tables makes this handbook a useful guide for clinicians to use in their daily practice It has been 18 years since the first edition of this handbook was published and 10 years since the second In 2015 the latter received outstanding reviews by the British Medical Association BMA and won the Highly Commended Award in the Obstetrics and Gynaecology O G category at the BMA Book Awards For the third edition the authors have updated and reorganised all the chapters in the handbook based on the latest international guidelines and other references These references include the Royal College of Obstetrics and Gynaecology RCOG the National Institute for Health and Care Excellence NICE the UK Faculty of Sexual and Reproductive Healthcare FSRH the American College of Obstetricians and Gynecologists ACOG Centers for Disease Control and Prevention CDC and UpToDate Moreover the authors have added several new chapters such as The Management of Red Cell Antibodies in Pregnancy Gynaecological Emergencies Female Sexual Dysfunction and Pre operative Anaesthetic Preparation Furthermore for this edition specialists in their fields were invited to update the contents of the chapters of their expertise This book is essential reading and serves as an excellent resource for any trainee or medical professional managing O G patients *Nutrition and Diet in Maternal Diabetes* Rajkumar Rajendram, Victor R. Preedy, Vinood B. Patel, 2017-10-10 This comprehensive volume covers all aspects of nutrition in different scenarios of maternal diabetes including the Type 1 or Type 2 diabetic mother gestational diabetes and postpartum diabetes The volumes offer a comprehensive yet thorough overview of the subject from the prevalence risk factors and insulin requirements of the mother to possible outcomes and effects on the infant to dietary advice in general and specific scenarios and information on macro and micronutrient supplements There is also a special section on international

perspectives on maternal diabetes with ten chapters that each focus on a different country Nutrition and Diet in Maternal Diabetes An Evidence Based Approach offers an overview of the Type 1 and type 2 diabetic mother maternal and offspring aspects of gestation diabetes and breastfeeding and maternal gestational diabetes *Adult-Gerontology Practice Guidelines, Second Edition* Jill C. Cash, Cheryl A. Glass, 2019-02-05 Praise for the First Edition Because of the way it is organized this book meets the needs of both novice and experienced advance practice nurses Each chapter defines the problem how often it occurs and what leads to the problem To aid in assessment the book includes the physical examination landmarks as well as diagnostic tests that might be needed A plan of care is offered with several different alternatives for treatment and then notes what type of follow up is needed This would be a great resource for anyone working in the field of geriatrics Score 92 4 Stars Doody's Reviews The first book to encompass adult gerontology practice guidelines for primary care this comprehensive resource is useful as both a clinical reference and as a text for health care practitioners working with this population Concise and up to date the book is distinguished by its easy to read outline format that enables readers to quickly access the information they need The second edition features 27 completely new entries associated with the aging population an entirely new section on geriatric syndromes and multiple updates to guideline changes for screenings Polypharmacy issues are incorporated throughout and the BEERS list of medications is highlighted to guide prescribers in safely tapering or adding medications to a patient's drug regimen For quick and easy access to information practice guidelines are organized primarily by body system disorders are listed alphabetically within each body system and all disorders are presented in a consistent format With an emphasis on history taking the physical exam and key features of the aging population each of the more than 240 disorder guidelines include definition incidence pathogenesis predisposing factors common complaints other signs and symptoms subjective data physical exam diagnostic tests differential diagnoses plan of care health promotion follow up guidelines and tips for consultation referral Particularly helpful features include Practice Pointers highlighting crucial information for a disorder and bold faced Alerts Key patient teaching points are presented at the end of each guideline Also included are 18 procedures commonly used within office or clinic settings and 140 Patient Teaching Guides that are available digitally New to the Second Edition 27 completely new entries New section on geriatric syndromes Polypharmacy alerts are incorporated throughout BEERS list of medications is highlighted for each disorder Updated guidelines for various screenings Medicare Coverage and Eligibility Screening U S Preventative Services Task Force recommendations on colonoscopy screening mammogram guidelines pap smears and pelvic examinations Deprescribing Algorithms ASCCP Algorithms Key Features Focuses specifically on adult and older adult populations Presented in easy to read outline format for quick access to information Delivers consistent presentation of more than 240 disorders by body system Reviews 17 commonly used procedures step by step Provides Practice Pointers to indicate important care points Offers digital access to more than 140 extensive Patient Teaching Guides to customize and print Clinical Practice

Guidelines Directory American Medical Association,1998-12 The American Medical Association's Clinical Practice Guidelines Directory is a bibliographic listing that helps users quickly and easily locate approximately 2 000 guidelines standards and other available patient management strategies developed by physician organizations and others Over 400 new listings are included annually Arias' Practical Guide to High Risk Pregnancy-E-Book Amarnath G Bhide,Arulkumaran S,Kaizad Damania,SN Daftary,Aundrea Arias Schubbe,2024-11-13 Go to book for fetal maternal medicine and labour Material grouped into specific sections Latest guidelines recommendations and evidence Support of illustrations flowcharts and figures Reference lists for interested readers Foundations of basic concepts and their explanations Boxes for salient features Majority of chapters end with important points Identification of knowledge gaps and suggested research agenda Special chapter devoted to audit and clinical governance maternal collapse A must have book for students and practitioners alike

Managing Preexisting Diabetes and Pregnancy John Kitzmiller,Lois Jovanovic,Florence Brown,Donald Coustan,2008-06-16 Offers a single resource for American Diabetes Association standards of care for pregnant women with preexisting diabetes type 1 DM1 or type 2 DM2 It provides up to date recommendations and treatment protocols for the management of diabetes and pregnancy to researchers academic physicians and clinicians who deal with the broad spectrum of problems **Textbook of Diabetes and Pregnancy** Moshe Hod,Lois G. Jovanovic,Gian Carlo Di Renzo,Alberto De Leiva,Oded Langer,2018-04-17 Babies of women with diabetes are nearly five times more likely to be stillborn and almost three times more likely to die in the first three months The incidence of gestational diabetes mellitus in the U S is high between 3 and 7 percent and rising The condition is often complicated by other risk factors such as obesity and heart disease The Textbook of Diabetes and Pregnancy presents a comprehensive review of the science clinical management and medical implications of gestational diabetes mellitus a condition with serious consequences that is on the increase in all developed societies This new edition supports the latest initiatives and strategies of the International Federation of Gynecology and Obstetrics FIGO and adds chapters on noncommunicable diseases obesity bariatric surgery and epidemiology outside Western cultures Written by a cadre of experts the book provides a comprehensive authoritative and international view of gestational diabetes mellitus and will be invaluable to maternal fetal medicine specialists diabetologists neonatologists and a growing number of gynecologists and general physicians concerned with the management of noncommunicable diseases in pregnancy *Case Discussions in Obstetrics & Gynecology* YM Mala,Madhavi M Gupta,Asmita M Rathore,2020-07-31 Section 1 Early Pregnancy Section 2 Obstetric Complications Section 3 Medical Complications Section 4 Fetal Disorders Section 5 Labor and Puerperium Section 6 Benign Gynecological Disorders Section 7 Malignant Gynecological Disorders Section 8 Urogynecology Section 9 Reproductive Medicine Index **Clinical Obstetrics** E. Albert Reece,Gustavo F. Leguizamón,George A. Macones,Arnon Wiznitzer,2021-03-25 From preconception care through all aspects of care of the pregnant mother and newborn infant Clinical Obstetrics provides comprehensive authoritative information on today's

obstetrics and maternal fetal medicine The fourth edition has been streamlined with concise chapters summarizing clinical content for busy practitioners The eBook provides expanded content and exciting new animations and interactive decision making algorithms Together the print and eBook offer residents trainees and all obstetrics and maternal fetal practitioners a comprehensive resource featuring the most up to date guidelines decision algorithms and evidence for clinical practice

Recent Advances in Gestational Diabetes Mellitus Guoju Li,Zhanhui Du ,Yanhui Lu,2024-06-24 Gestational diabetes mellitus is one of the most common pregnancy related complications Gestational diabetes mellitus poses a significant threat to maternal health and offspring development including shoulder dystocia preterm birth maternal hypertension and ischemic heart disease constituting a major public health crisis Given the serious adverse outcomes of gestational diabetes mellitus there is an urgent need to further explore new prediction tools of early pregnancy The exact reasons for the development of gestational diabetes mellitus remain inconclusive Pathological mechanisms underlying gestational diabetes mellitus have been mainly attributed to cell impairment However the underlying mechanisms of gestational diabetes mellitus have not been elucidated In identifying risk factors and biomarkers in early pregnancy can provide more basis for clinical diagnosis of gestational diabetes mellitus in the future

Gestational Diabetes During and After Pregnancy Catherine Kim,Assiamira Ferrara,2014-01-02 Gestational Diabetes Mellitus is becoming an increasingly prevalent disease as obesity and other chronic diseases are on the rise It requires careful and informed clinical management as the care received during pregnancy affects not only perinatal health but the risk of developing type 2 diabetes even decades into the future in both the mother and the child From epidemiology and pathophysiology to diagnosis and management covering recent breakthroughs in research and up to date developments in clinical practice *Gestational Diabetes During and After Pregnancy* offers the reader a comprehensive and current look at Gestational Diabetes Anyone involved in the research public health or clinical aspects of Gestational Diabetes will find this volume a valuable aid in consolidating all recent developments regarding this disease

Primary Care for the Physical Therapist William G. Boissonnault,William R. Vanwye,2025-04-02 Selected for 2025 Doody's Core Titles in Physical Therapy Specifically designed to address the expanding role of physical therapists in primary care *Primary Care for the Physical Therapist Examination and Triage Fourth Edition* covers all the information and skills you need to be successful in the field Updated content throughout the text helps you stay up to date on the best practices involving patient triage and management and communication This edition also features new chapters on pediatrics and diet and nutrition new information on innovative primary care models with integrated physical therapist services and on telehealth in the post COVID era An enhanced ebook is included with every new print purchase This is a must have resource for any physical therapist wanting to obtain the clinical expertise and clinical decision making abilities needed to serve essential roles in the primary care model as the profession strives to transform the health of society NEW Pediatrics and Diet and Nutrition chapters offer comprehensive coverage in these key areas NEW Information on the topics of existing primary

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Obstetric Imaging Joshua A. Copel, 2012 Obstetric Imaging will help you detect fetal abnormalities with greater confidence and accuracy Covering MRI as well as ultrasound and interventional procedures it equips you with expert tips for recognizing and addressing problems that you might otherwise miss Obstetric Imaging provides the advanced guidance you need to recognize fetal health challenges early and respond effectively Get advanced clinical guidance from a preeminent team of international maternal fetal medicine specialists and obstetrician gynecologists See perfect examples of normal and variant anatomy as well as the full range of fetal syndromes with 1 318 images 361 in full color Know how to get optimal diagnostic accuracy from ultrasound and when to use MRI instead Effectively perform image guided interventions including amniocentesis fetal transfusion selective laser photocoagulation radiofrequency ablation fetal shunt placement and more Master important nuances of sonography by watching 69 videos online Access Obstetric Imaging online at www.expertconsult.com view all the videos and download all the images

Lifestyle Medicine, Third Edition James M. Rippe, 2019-04-17 The field of lifestyle medicine which is the study of how daily habits and actions impact on both short and long term health and quality of life continues to expand globally The scientific and medical literature that supports the success of these lifestyle habits and actions is now overwhelming Thousands of studies provide evidence that regular physical activity maintenance of a health body weight following sound nutritional practices stress reduction and other good practices all profoundly impact both health and quality of life Following its predecessors Lifestyle Medicine Third Edition is edited by lifestyle medicine pioneer cardiologist Dr James Rippe This edition has been thoroughly updated and represents the expert opinions of 20 section editors as well as more than 150 expert chapter authors whose knowledge span all aspects of this emerging discipline Topics cover lifestyle medicine practices including regular physical activity proper nutrition and weight management These principles are applied to the prevention and or treatment of a wide variety of chronic conditions ranging from heart disease and diabetes to cancer mental health addiction and injury prevention This book serves as evidence base for individuals who wish to practice lifestyle medicine or incorporate some of its principles into either general medicine or subspecialty practice It provides valuable information to healthcare workers in the fields of

nutrition exercise physiology psychology behavioral medicine health promotion and public policy where lifestyle medicine principles play an ever increasing role **Obstetric Imaging E-Book** Joshua Copel,2012-04-17 Obstetric Imaging will help you detect fetal abnormalities with greater confidence and accuracy Covering MRI as well as ultrasound and interventional procedures it equips you with expert tips for recognizing and addressing problems that you might otherwise miss Obstetric Imaging provides the advanced guidance you need to recognize fetal health challenges early and respond effectively Get advanced clinical guidance from a preeminent team of international maternal fetal medicine specialists and obstetrician gynecologists See perfect examples of normal and variant anatomy as well as the full range of fetal syndromes with 1 318 images 361 in full color Know how to get optimal diagnostic accuracy from ultrasound and when to use MRI instead Effectively perform image guided interventions including amniocentesis fetal transfusion selective laser photocoagulation radiofrequency ablation fetal shunt placement and more Master important nuances of sonography by watching 69 videos online Access Obstetric Imaging online at www.expertconsult.com view all the videos and download all the images

Essentials of Family Medicine Mindy A. Smith,2018-03-08 A staple of family medicine training for 30 years Essentials of Family Medicine offers a comprehensive introduction to this specialty designed just for clerkship students Covering principles of family medicine preventive care and a full range of common ambulatory care problems it provides all the guidance you need to succeed on a clinical rotation in family medicine **Weight Gain During Pregnancy** National Research Council,Institute of Medicine,Board on Children, Youth, and Families,Food and Nutrition Board,Committee to Reexamine IOM Pregnancy Weight Guidelines,2010-01-14 As women of childbearing age have become heavier the trade off between maternal and child health created by variation in gestational weight gain has become more difficult to reconcile Weight Gain During Pregnancy responds to the need for a reexamination of the 1990 Institute of Medicine guidelines for weight gain during pregnancy It builds on the conceptual framework that underscored the 1990 weight gain guidelines and addresses the need to update them through a comprehensive review of the literature and independent analyses of existing databases The book explores relationships between weight gain during pregnancy and a variety of factors e g the mother s weight and height before pregnancy and places this in the context of the health of the infant and the mother presenting specific updated target ranges for weight gain during pregnancy and guidelines for proper measurement New features of this book include a specific range of recommended gain for obese women Weight Gain During Pregnancy is intended to assist practitioners who care for women of childbearing age policy makers educators researchers and the pregnant women themselves to understand the role of gestational weight gain and to provide them with the tools needed to promote optimal pregnancy outcomes **Maternal-Fetal Evidence Based Guidelines** Vincenzo Berghella,2017-01-27 This new edition of an acclaimed text reviews the evidence for best practice in maternal fetal medicine to present the reader with the right information with appropriate use of proven interventions and avoidance of ineffectual or harmful ones and by rating the

evidence of the key references The information is presented in the right format by summarizing evidence succinctly and clearly in tables and algorithms The aim is to inform the clinician to reduce errors and to make it easy to do it right The volume can be purchased separately or together with a companion volume on Obstetric Evidence Based Guidelines set ISBN 978 1 4987 4742 4 **Taylor's Manual of Family Medicine** Paul M. Paulman,Audrey A. Paulman,Kimberly J. Jarzynka,Nathan P. Falk,2015-03-18 Designed for today s busy practitioner Taylor s Manual of Family Medicine 4th Edition provides practical expert guidance for the issues you face daily in family practice and primary care Easy to understand and clinically useful this trusted manual has been thoroughly updated with the latest clinical information and evidence including electronic resources Whether you re a physician in a clinic extended care or hospital setting or a resident or practitioner looking for a high yield board review tool this manual addresses the real world issues you see most allowing you to provide optimum care for every patient Stay up to date with all new chapters and expanded chapters on delirium movement disorders dementia pregnancy loss and stillbirth acute musculoskeletal injuries and more Get the latest practical information on commonly encountered clinical problems including OB GYN and childbirth pediatrics and mental health Find what you need quickly with templated chapters that cover diagnostic criteria clinical presentation differential diagnosis and screening including physical diagnosis laboratory findings and imaging studies Understand how to make the right diagnosis and know when to order the right test based on common presenting symptoms Use this manual to study efficiently and effectively for the ABFP certification and recertification exams Topics follow ACGME and AAFP program requirements for residency training

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