# **Treatment of Acne in Primary Care**

## Mild-Moderate Inflammatory Acne



## Option 1: Low Cost

Tretinoin cream + Clindamycin lotion + OTC BPO wash

## Option 2:

More Convenient
Adapalene +
Clindamycin/BPO
combination

If unsatisfactory response after 3 months



Add Doxycycline

### Moderate-Severe Inflammatory Acne



#### Option 1: Low Cost

Doxycycline +Tretinoin cream + OTC BPO wash

## Option 2:

More Convenient

Doxycycline + Adapalene/BPO combination

> If unsatisfactory response after 3 months



Refer to Dermatology for Accutane evaluation

#### Female Hormonal Acne



Topical Retinoid + combined OCP

If unsatisfactory response after 3 months



#### Add Spironolactone

If unsatisfactory response after 3 months



Reassess for inflammatory acne (see left)

Nodular Cystic Acne → refer to Dermatology

## **Acne Vulgaris Treatment Guidelines**

Wenbin Ji

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