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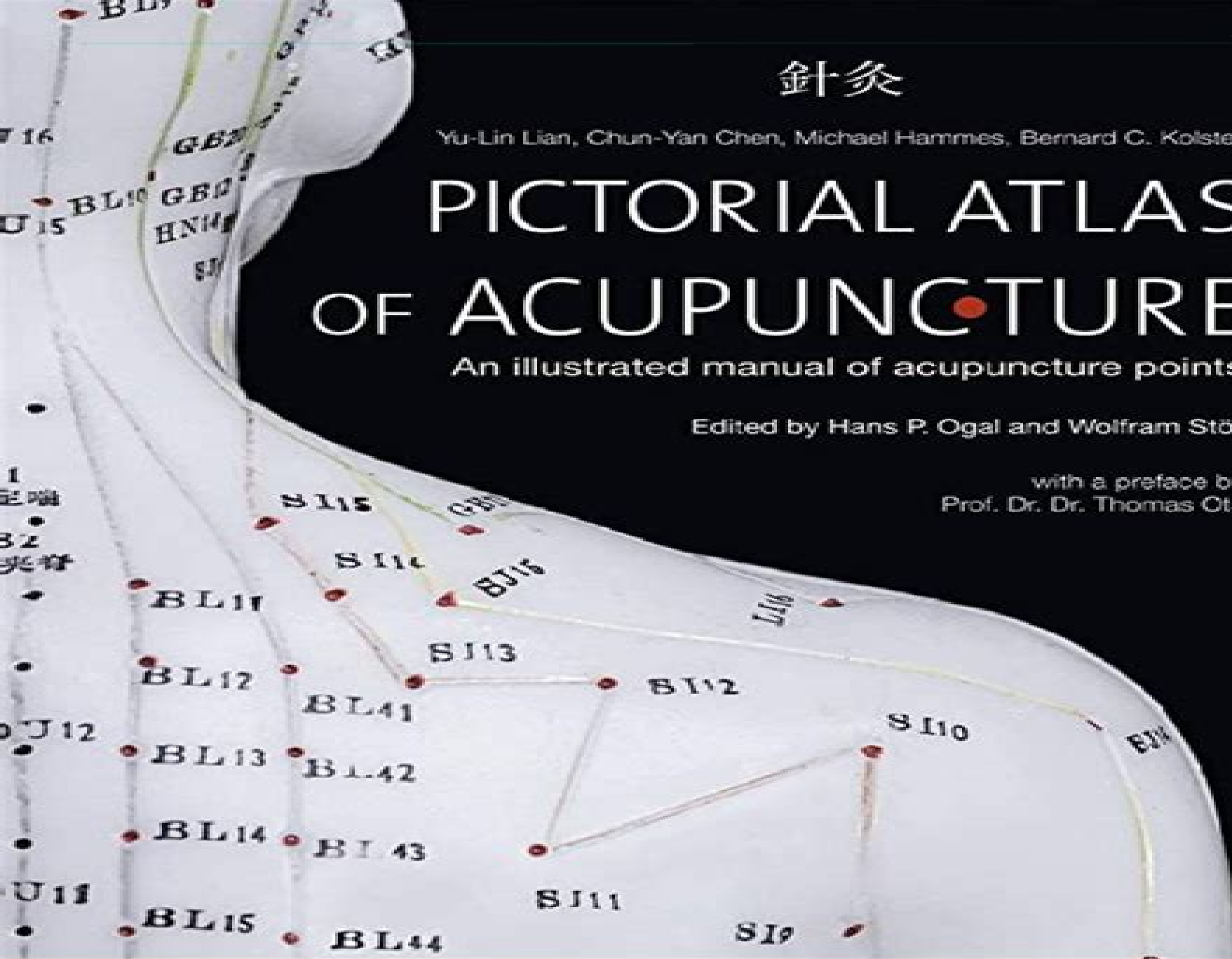
Yu-Lin Lian, Chun-Yan Chen, Michael Hammes, Bernard C. Kolster

# PICTORIAL ATLAS OF ACUPUNCTURE

An illustrated manual of acupuncture points

Edited by Hans P. Ogal and Wolfram Stör

with a preface by  
Prof. Dr. Dr. Thomas Ots



# Acupuncture Manual Atlas

**Yu-Lin Lian, Chun-Yan Chen, Michael G.  
Hammes, Bernard C. Kolster, Thomas  
Ots**

## **Acupuncture Manual Atlas:**

Pictorial Atlas of Acupuncture Yu-Lin Lian, Chun-Yan Chen, Michael G. Hammes, Bernard C. Kolster, Thomas Ots, 2012 The illustrated manual of acupuncture points      **A Practical Guide to Acu-points** Chris Jarmey, Ilaira Bouratinos, 2008 An understanding of acu points is vital not only for acupuncturists but also for bodyworkers This user friendly manual contains current comprehensive information for both groups with special emphasis on how shiatsu and tuina therapists can best utilize point knowledge in their practice Renowned experts Chris Jarmey and Ilaira Bouratinos use succinct text a well organized framework and detailed color anatomical illustrations to clarify the complexities of acu points In keeping with normal practice the authors give the precise anatomical location of a point and illustrate it with a dot along with alternative locations where relevant However the book goes further by delineating the larger area where the point can be activated by pressure gua sha and other means In addition it explains the optimum physical position for treatment via acupuncture acupressure and other strategies as treatment positions can vary according to the method of point stimulation The book also documents the distribution of sensation resulting from point stimulation and differentiates between pressure and needle application where appropriate A Practical Guide to Acu Points presents a wealth of carefully researched information equally valuable for professionals students and conscientious practitioners      *The Definitive Guide to Acupuncture Points* Chris Jarmey, Ilaira Bouratinos, 2023-03-07 A comprehensive reference guide to locating and treating nearly 400 acupoints throughout the body Explores in precise detail the acupuncture points of the 12 main channels meridians plus the conception and governor vessels Explains the theory of acupuncture from both traditional Chinese and Western medical perspectives with maps of the body Full color throughout and abundantly illustrated A complete reference atlas of acupuncture and acupressure points this newly updated guide by renowned shiatsu qigong and bodywork teacher Chris Jarmey with experienced acupuncture clinician Lynn Pearce illustrates how to best locate and treat nearly 400 acupoints throughout the body Full color throughout and abundantly illustrated this fourth edition is updated to offer comparisons of Eastern and Western teaching models as well as new theoretical material to help instill intuitive understanding for students and early practitioners of acupuncture The first part of the book Theory describes the essence of acupuncture from both traditional Chinese and Western medical perspectives with chapters on needling considerations the principles of locating acupoints and myotome dermatome viscerotome and sclerotome maps of the body The second part Practice then guides the reader methodically through acupuncture points of the 12 main channels meridians plus the conception and governor vessels and additional non channel points The locations of nearly 400 points are described in precise detail and clearly illustrated through color diagrams along with explanations of each point s actions indications and contraindications Honoring the traditional Eastern roots of acupuncture in parallel with modern approaches of Western medicine this book is an essential resource for practitioners of all levels seeking to deepen their understanding of working with acupoints      *The Manual of*

*Trigger Point and Myofascial Therapy* Dimitrios Kostopoulos, Konstantine Rizopoulos, 2024-06-01 The Manual of Trigger Point and Myofascial Therapy offers the reader a comprehensive therapeutic approach for the evaluation and treatment of Myofascial pain and musculoskeletal dysfunction This user friendly manual will serve as a quick reference for clinically relevant items that pertain to the identification and management of trigger points The first section of the book covers the theory and current research regarding the Myofascial Trigger Point Syndrome The research is the most current and up to date available on the pathogenesis of Myofascial dysfunction clinical symptoms physical findings as well as diagnostic criteria Treatment methods and techniques are also covered in a comprehensive and step by step format The second section includes the most important muscles that tend to have a higher incidence of the Myofascial involvement Each muscle is supplemented by two pages of text and illustrations to better aid the student or clinician in an institutional or practicing setting The muscle page contains a plethora of information for the reader including muscle origin insertion location of trigger points referenced pain patterns myofascial stretching exercises positive stretch signs and biomechanics of injury Extensive full color illustrations and pictures include treatment techniques therapeutic interventions and patient home exercise programs This innovative and concise new clinical reference guide is perfect for the student learning about the diagnosis and treatment of the Myofascial Trigger Point Syndrome or therapist interested learning or applying this successful and effective method of treatment

**Acupuncture Anatomy** Chang Sok Suh, 2015-12-08 Acupuncture Anatomy Regional Micro Anatomy and Systemic Acupuncture Networks integrates Western and Eastern medicine providing a scientific foundation to acupuncture By correlating detailed anatomical information with specific acupuncture points the book opens a window into understanding the physiological basis of acupuncture medicine Each acu

*Guía práctica de puntos de acupuntura (color)* Chris Jarmey, Ilaria Bouratinos, 2016-09-01 Conocer la localización y las funciones de los puntos de acupuntura es crucial para los acupuntores así como para los profesionales del shiatsu los masajistas y el resto de terapeutas corporales En este manual con magníficas ilustraciones y de fácil comprensión Chris Jarmey e Ilaria Bouratinos proporcionan información exhaustiva y actualizada para todos aquellos que utilizan los puntos de acupuntura en su trabajo como terapeutas Mediante detalles que van mucho más allá de todo lo que se ha hecho hasta ahora la Guía práctica de puntos de acupuntura ofrece al especialista la información necesaria para ejercer con una mayor comprensión y confianza Este libro no solo contiene información esencial sobre la ubicación anatómica de los puntos y las técnicas de acupuntura aplicables sino que también describe otros métodos de tratamiento pertinentes y zonas más amplias en las que se pueden activar los puntos mediante presión manual guasha magnetoterapia moxibustión y ventosas Esta Guía práctica de puntos de acupuntura incluye una gran cantidad de información cuidadosamente investigada y una amplia gama de formas de tratamiento de los puntos de acupuntura Es una guía completa tanto para estudiantes como para profesionales

*Auriculotherapy Manual* Terry Oleson, 2013-10-21 Auriculotherapy Manual Chinese and Western Systems of Ear Acupuncture provides a comprehensive guide to the practice of

Chinese and Western systems of ear acupuncture This impressive new edition utilizes 3 D models of the external ear as well as 3 D anatomical images to demonstrate the somatotopic relationship between particular parts of the body and specific regions of the auricle This is the first ear acupuncture text that has incorporated 3 D technology in order to present amazing images of the auricle which precisely indicate ear acupoint positions The book offers in depth evaluation of the theoretical and clinical underpinnings of auriculotherapy describing and illustrating over 200 ear acupuncture points and more than 200 auriculotherapy treatment protocols for clinical disorders ranging from chronic pain to substance abuse to visceral and neurological disorders There are an expanded number of auricular landmarks that are utilized to guide the practitioner in accurately determining the precise location of hidden ear points on the 3 D model These landmarks further reveal the varied depth perspectives of the external ear The ear reflex points presented in this manual are based upon systematic research conducted at the UCLA Pain Management Center and upon the extensive clinical findings of medical doctors and acupuncturists in China and Europe over the past 50 years Scientific and clinical information from the most recent international symposia of auricular acupuncture have been used to update the scientific and clinical knowledge presented in this fourth edition Each chapter is organized in same basic order beginning with an introductory overview progressing to the main topics in the chapter and ending with a section listing a definition of terms and a set of preparatory sample questions The book is concise and clear enough for students yet provides provides sophisticated clinical approaches to allow the experienced practitioner to enhance and complement their existing treatment strategies

The Principles and Practical Application of Acupuncture Point Combinations David Hartmann, 2019-09-19 A foundation textbook explaining how point combinations work in acupuncture practice The book explains how each point works and how best to combine points for good clinical results Students and practitioners need to respond to clinical challenges in creative and flexible ways and this book guides them in the art of construction of effective treatment protocols Clinically useful combinations are presented throughout along with case studies showing the application of theory to practice

**Acupuncture for IVF and Assisted Reproduction** Irina Szmelskyj, Lianne Aquilina, 2014-10-08 The management of infertility using acupuncture is an expanding area of practice and one which is frequently rewarding for TCM acupuncture practitioners Acupuncture for IVF and Assisted Reproduction has been specially prepared to meet the growing demand for information in this area and draws upon 20 years combined experience of the authors together with the latest evidence from both orthodox medicine and TCM Richly illustrated and clearly written throughout the book takes the reader through the anatomy and physiology of reproductive medicine from both an orthodox and TCM perspective and explains the underlying basis of orthodox medical fertility tests and investigations The volume then explores the pathology and aetiology of TCM syndromes and shows how common fertility related conditions such as endometriosis and male factor infertility affect Assisted Reproductive Technology ART success rates It explains in great detail how to take a reproductive medical history and successfully diagnose TCM syndromes

Acupuncture for IVF and Assisted Reproduction also provides guidelines on how to regulate the menstrual cycle in preparation for IVF treatment and shows how lifestyle can affect fertility and ART success rates Placing a strong emphasis on the practical aspects of patient care Acupuncture for IVF and Assisted Reproduction contains an abundance of case history templates algorithmic acupuncture treatment pathways and patient fact sheets and will be ideal for all acupuncture practitioners working in this field A must have for the bookshelf of any acupuncturist who is ever called upon to treat fertility issues if you have room for one book this surely must be it Reviewed by The Acupuncture Fertility Centre March 2015 Practitioners of all levels of experience and TCM students should find it compelling reading and an invaluable companion to their learning Reviewed by Stephen Clarke Journal of the Australian Traditional Medicine Society May 2015 This book is extremely well researched and referenced Reviewed by Danny Maxwell on behalf of Journal of Chinese Medicine February 2015 Simplifies complex information into easily accessible and understandable material Explains reproductive anatomy and physiology from the perspectives of both orthodox medicine and TCM Explains the underlying basis of orthodox medical fertility tests and investigations Explores the pathology and aetiology of TCM syndromes Provides detailed information on how to take a fertility medical history and how to diagnose TCM syndromes Presents the evidence for the influence of various lifestyle factors on fertility and ART success rates Provides guidelines on how to regulate the menstrual cycle in preparation for IVF treatment Explains how common fertility related conditions such as endometriosis Polycystic Ovary Syndrome thyroid disease and male factor infertility affect ART success rates Explains how to adapt acupuncture treatment to different ART protocols Provides case history templates algorithmic acupuncture treatment pathways and patient fact sheets Explains how to manage patients with complex medical histories Looks at Repeated Implantation Failure reproductive immunology dysfunction and recurrent miscarriages Explains how to support patients if their IVF is unsuccessful and how to treat patients during early pregnancy Examines ethical considerations relevant to fertility acupuncture practice Introduction to Acupressure & Qigong Ram Babu Sao, 2025-05-20 This book Introduction to Acupressure headaches heaviness in the head dizziness ringing in the ears stiff shoulders arising from disorders of the autonomic nervous system constipation sluggishness chills of the hands and feet insomnia malformations of the backbone frequent in middle age and producing pain in the shoulders arms and hands pains in the back pains in the knees experienced during standing or going up or downstairs tension the balance of emotions anxiety grief other emotional imbalances and diseases that can be relieved with acupressure Acupressure points can be used to enhance many aspects of life such as managing stress relieving and preventing sports injuries improving muscle tone and blood circulation relieving neuromuscular problems and a beauty treatment like improvement of skin condition and toning and relaxing the facial muscles which can lessen the appearance of wrinkles without drugs However acupressure is not a substitute for medical care it is often an appropriate complementary treatment The Acupressure points are located between the shoulder blades the spine at the level of the heart the soles of one's feet and

palms and all over the body Patients with life threatening diseases and serious medical problems such as a stroke or heart attack or any serious medical condition should always consult their doctor and take treatment before using acupressure therapies Acupressure is not an appropriate sole treatment for cancer contagious skin diseases or sexually transmitted diseases but in conjunction with proper medical attention however gentle acupressure can help soothe and relieve a patient s distress and diseases      Ascent of Acupuncture Changzhen Gong,Wei Liu,2024-07-03 This book explores acupuncture s remarkable evolution in the United States over the last fifty years as it transitioned from an obscure practice to a pivotal modality in complementary medicine These pages chronicle acupuncture s transformative journey within the dominant culture of Western scientific medicine highlighting key milestones from the use of acupuncture in pain management to the NIH sponsored open access digital compendium of acupuncture points and related information Through narratives detailing educational advancements legislative battles practical applications and scientific research the reader gains a comprehensive view of how acupuncture has navigated controversies and debates to secure its place in modern healthcare This book traces acupuncture s expanding role in the healthcare system reflects on its historical significance and considers its future in global health Insightful commentary provides acupuncture practitioners skeptics and aficionados with a useful overview of acupuncture s past its current achievements and its promise for the future      *Temel Akupunktur Noktaları* ,2020-11-09

**E-Book - Ear Acupuncture** Kajsa Landgren,2008-05-23 Ear Acupuncture provides an up to date practical guide to the principles and practice of Chinese and Western ear acupuncture Written clearly with a practical and sensible approach this book is aimed at both the student and also the practitioner Excellent two colour illustrations are used throughout to illustrate the text Additionally it integrates the Chinese and Western opinions and also includes chapters covering ear acupuncture used in the treatment of addiction and also the Western theories about how acupuncture works Written with a practical and very sensible approach Clearly presented and easy to read Excellent 2 colour illustrations are used throughout to illustrate the text Includes an appendix of acupuncture points      **Interactive Medical Acupuncture Anatomy** Narda G.

Robinson,2016-02-22 This presentation uses anatomically precise computer generated reconstructed images of the human body for three dimensional presentation of acupuncture points and channels The CD component is fully interactive and allows the user to see through tissue layers remove tissue layers and rotate structures so that specific acupuncture points can be v      **Manual of Temporomandibular Disorders** Edward F. Wright,2014-03-03 Manual of Temporomandibular Disorders Third Edition provides comprehensive evidence based information on temporomandibular disorders TMD Focusing on clinically relevant information throughout the book allows dentists to diagnose TMD accurately rule out disorders that mimic TMD and provide effective therapy for most patients Useful features such as frequently asked questions quick consults technical tips and focal points are integrated to help the clinician find precise answers with ease Case scenarios provide the reader with a way to enhance their clinical reasoning skills with a focus on solving TMD problems at chairside Offering

comprehensive coverage in a highly illustrated compact package Manual of Temporomandibular Disorders is the ideal source for dentists dealing patients suffering from TMD

**The Power of Pressure Points** R. Barry Harmon, 2016-02-29 This Book introduces martial artists to the most effective and commonly used pressure points R Barry Harmon License Acupuncturist 9th Dahn Black Belt in the World Kuk Sool Association Any mistakes in the research or information in this book is the total and complete responsibility of the writer In no way should any contributors be held responsible for the writer's opinions or mistakes This book is meant to help martial artists understand the power use and effectiveness of using pressure points for striking and grabbing purposes This book will cover the most effective the most common and the most practical pressure points in martial arts therefore I will not cover every single pressure point that is used in martial art acupuncture or healing It will also include points or areas that are not regular pressure points but specific common areas that are used for martial art striking or grabbing I will not be discussing the anatomical or energetic effects of each point when struck but the effects of the strike on the pressure point In other words I explain what may happen to the individual when a particular pressure point is hit It was a very difficult decision to choose how much information to place in this book The goal of this book is to include enough information to help the reader understand the pressure points and their possibilities I have tried to avoid overwhelming the reader with more information than most martial artists are interested in studying That said I decided to include a little more information than most might be interested in concerning the theories of Ki Um Yin Yang Five Elements Channel theory and pressure points This information is specifically included for those martial artists that are interested in a more in depth study

**Acupuncture** Marcelo Saad, 2011-10-10 Acupuncture and related techniques are useful tools for treating a spectrum of diseases However there are still many areas of controversy surrounding it We hope this book can contribute to guide the advance of this ancient medical art In the present work the reader will find texts written by authors from different parts of the world The chapters cover strategic areas to collaborate with the consolidation of the knowledge in acupuncture The book doesn't intend to solve all the questions regarding this issue but the main objective is to share elements to make acupuncture more and better understood at health systems worldwide

**Neural Substrates of Acupuncture: from Peripheral to Central Nervous System Mechanisms** Younbyoung Chae, Vitaly Napadow, Florian Beissner, Yi-Wen Lin, Richard E. Harris, 2020-02-20 This eBook is a collection of articles from a Frontiers Research Topic Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series they are collections of at least ten articles all centered on a particular subject With their unique mix of varied contributions from Original Research to Review Articles Frontiers Research Topics unify the most influential researchers the latest key findings and historical advances in a hot research area Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office [frontiersin.org/about/contact](mailto:frontiersin.org/about/contact)

**The Seirin Pictorial Atlas of Acupuncture** Yu-Lin Lian, 2000 The SEIRIN pictorial atlas of acupuncture is a new kind of manual It illustrates the whole range of acupuncture



points and main channels the extraordinary vessels Ren Mai and Du Mai and the extraordinary points in a systematic and clear way Each of the 409 important points is clarified through a series of three different illustrations a graphic indicates location on the body an overview of channels illustrates the point in the context of its pathway a photograph shows the acupuncture needle in position By combining Chinese sources with the authors experience in therapy this book features a sensible balance between the most important indications and practical needs The names properties and applications of the individual acupuncture points were then revised on this basis The team of Chinese and German authors creates a bridge between Asian and western views of acupuncture This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but experienced practitioners can also learn about seldom used acupuncture points and this extend their knowledge Dust jacket      **Robinson's Current Therapy in Equine Medicine** Kim A. Sprayberry,N. Edward Robinson,2014-05-01 ALL NEW topics provide updates on infectious diseases including herpesvirus equine granulocytic anaplasmosis and lawsonia infection and proliferative enteropathy pain diagnosis and multimodal management management of thoracic and airway trauma imaging endoscopy and other diagnostic procedures for the acute abdomen and neurologic injury 212 concise NEW chapters include both a succinct guide to diagnosis of disorders and a detailed discussion of therapy NEW images demonstrate advances in various imaging techniques Thoroughly updated drug appendices including all new coverage of drug dosages for donkeys and mules provide a handy quick reference for the clinical setting

## **Acupuncture Manual Atlas** Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has become more evident than ever. They have the ability to inspire, provoke, and ignite change. Such could be the essence of the book **Acupuncture Manual Atlas**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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