



vivoFit 2 Owner's Manual

WHAT IS NEW

See the **Important Safety and Product Info** section, guide in the product box for product warnings, and other important information.

Always consult your physician before you begin an exercise program.

Getting Started

Before you can use the vivoFit2 device, you must set up the device on your computer or compatible mobile device.

- Go to www.garminconnect.com/vivofit2.
- Select an option:
 - If you are using a computer to set up your device, plug the wireless USB ANT Stick™ into an empty USB port, and download and install the Garmin Connect™ Setup Software (downloading the Software).
 - If you are using a mobile device to set up your device, install and open the Garmin Connect™ Mobile app (downloading the Mobile App).
- Select the device key (1) to turn on the device.



When you turn on the device for the first time, it is in pairing mode. Your device is now in pairing mode when you turn it on; you must hold the device key until PAIR appears.

NOTE: With your device and complete the setup process, the device has limited functionality.

- Follow the instructions on your computer or mobile device to pair your vivoFit2 device, and complete the setup process.

Downloading the Software

- From your computer, go to www.garminconnect.com/vivofit2.
- Select an option:
 - If you are using a Windows® operating system, select Download for Windows®, and follow the on-screen instructions.
 - If you are using a Mac® operating system, select Download for Mac®, and follow the on-screen instructions.

Downloading the Mobile App

You can use the Garmin Connect Mobile app to pair your vivoFit2 device and complete the setup process. This allows you to share and analyze data and download maps and updates from your mobile device. Unlike other Bluetooth® devices that are paired from the Bluetooth settings on your mobile device, your vivoFit2 device must be paired directly through the Garmin Connect Mobile app.

NOTE: Your mobile device must support Bluetooth Smart in order to pair with your vivoFit2 device and synchronize data. Go to www.garminconnect.com/vivofit2 for compatibility information.

- From your mobile device, go to www.garminconnect.com/vivofit2.
- Select Get the App®, and follow the on-screen instructions.

Sending Data to Your Computer

Before you send data to your computer, you must plug the USB ANT Stick into a computer USB port, and you must download the Garmin Connect Setup Software (downloading the Software).

- Bring the device within 3 m (10 ft) of your computer.
- Hold the device key until SYNC appears.
- View your data at Garmin Connect.

Pairing Your Device with Multiple Computers

You can pair your vivoFit2 device with multiple computers. For example, you can pair your vivoFit2 device with your home and work computers.

- Plug the USB ANT Stick into a computer USB port.
- Download the Garmin Connect Setup Software for Windows or Mac (downloading the Software).
- Hold the device key until PAIR appears.
- Follow the instructions on your computer to pair your vivoFit2 device and complete the setup process.
- If necessary, repeat steps 1-4 for each additional computer.

Sending Data to Your Mobile Device

Before you can send data to your mobile device, you must pair the vivoFit2 device with a compatible mobile device (downloading the Mobile App).

Your device synchronizes with the Garmin Connect Mobile app periodically. You can also send data to your mobile device at any time.

- Bring the device within 3 m (10 ft) of your mobile device.
- Hold the device key until SYNC appears.
- View your data in the Garmin Connect Mobile app.

Pairing Multiple Mobile Devices

You can pair your vivoFit2 device with multiple mobile devices. For example, you can pair your vivoFit2 device with a smartphone and a tablet.

- Install and open the Garmin Connect Mobile app on your mobile device (downloading the Mobile App).
- Hold the device key until PAIR appears.
- Follow the instructions on your mobile device to pair your vivoFit2 device, and complete the setup process.
- If necessary, repeat steps 1-3 for each additional mobile device.

Wearing the Device

- Slide it on a band that fits snug on your wrist (fastening the Band).
- Make sure the pins on the clasp are fully inserted into the band.

When the pins are fully inserted, the device fits securely against your wrist.

- Turn the clasp to the locked position.

Red marks on the clasp indicate the unlocked position.



NOTE: To prevent loss, the clasp must be locked to the back position while wearing the device.

- Wear the device all day and night (Sleep Sleep Tracking).

3210 Garmin Owners Manual

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3210 Garmin Owners Manual:

Adopting the Tune of Phrase: An Emotional Symphony within **3210 Garmin Owners Manual**

In some sort of taken by monitors and the ceaseless chatter of quick connection, the melodic beauty and mental symphony created by the prepared word usually disappear into the background, eclipsed by the relentless sound and distractions that permeate our lives. However, situated within the pages of **3210 Garmin Owners Manual** a charming fictional treasure full of natural thoughts, lies an immersive symphony waiting to be embraced. Crafted by a wonderful musician of language, this captivating masterpiece conducts viewers on an emotional journey, skillfully unraveling the hidden tunes and profound affect resonating within each carefully crafted phrase. Within the depths with this touching examination, we shall discover the book is key harmonies, analyze their enthralling publishing type, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

https://forums.acdsystems.com/results/detail/Documents/accounting_question_paper_for_2014_june.pdf

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