# Nov. 14 - Dec. 12

Federal Benefits OPM.gov/OpenSeason

FEHB

**FEDVIP** 

**FSAFEDS** 

### **Health Benefits**

- Enroll
- Change plan/option
- Cancel enrollment
- Self, Self + One, Self & Family
- Use your agency's online enrollment system or contact your human resources office.

## **Dental & Vision**

- Enroll
- Change plan/option
- Cancel enrollment
- Self, Self + One, Self & Family
- Benefeds.com or 1-877-888-3337

### Flexible Spending Accounts

- Enroll
- Re-enroll (it's not automatic!)
- Increase/decrease election amount to suit your needs
- FSAFEDS.com or 1-877-372-3337

## **Things to Consider:**

- What are my family's health, dental, and vision needs for 2023?
- Will my current plan still be available in 2023?
- Will my current plan's benefits or premiums change in 2023?

- If I make no changes, FEHB and FEDVIP enrollments rollover automatically
- Use the online comparison tool to explore a better plan
- Could I save money with a FSAFEDS flexible spending account?

## **2guide To Federal Benefits**

Office of Personnel Management

#### **2guide To Federal Benefits:**

Guide to Federal Employees Health Benefits Plans for Federal Civilian Employees ,1997 Guide to Federal Benefits for Federal Retirees and Their Survivors ,2008 Guide to Federal Benefits for Federal Civilian Employees ,2010

The ... Guide to Federal Employees Health Benefits Plans for Federal Retirees and Their Survivors ,2005 Guide to Federal Employees Health Benefits Plans Certain Temporary Employees ,1999 The 2013 Guide to Federal Benefits U.s. Office of Personnal Management Department, 2014-05-19 As a Federal employee the benefits available to you represent a significant piece of your compensation package They may provide important insurance coverage to protect you and your family and in some cases offer tax advantages that reduce the burden in paying for some health products and services or dependent or elder care services. The purpose of this Guide is to provide you basic information about the benefits offered to you as a Federal employee and assist you in making informed choices about these benefits as you move through your career and prepare for retirement Benefits Programs included in this GuideIn addition to your Civil Service or Federal Employees Retirement System benefits and the Thrift Savings Plan the Federal government offers five benefits programs to eligible employees and retirees This Guide includes information on the five programs Federal Employees Health Benefits Program Federal Employees Dental and Vision Insurance Program Federal Flexible Spending Account Program Federal Employees Group Life Insurance Program Federal Long Term Care Insurance ProgramIf you are a new Federal employee or have recently become eligible for benefits this Guide will walk you through the benefits offered and provide information on how and when to make your choices If you are a current employee this Guide will provide the most current information regarding the benefit programs and will support you as you make decisions during the annual Federal Benefits Open Season or experience life events that cause you to reconsider previous choices This Guide also contains some tips on what to consider as you make your decisions For instance did you know that the Federal Employees Health Benefits FEHB Program the Federal Employees Dental and Vision Insurance Program FEDVIP and the Federal Flexible Spending Account Program FSAFEDS can potentially provide you with greater benefits without costing you much more As a Federal employee you can choose to pay the FEDVIP and FEHB premiums with pretax dollars and you can use pretax FSA dollars to pay for eligible expenses including FEDVIP and FEHB copays and deductibles Dental and vision care are also eligible FSA expenses whether combined with FEDVIP coverage or not Please take a moment to review the information in this Guide and decide upon the Guide to Federal Employees Health Benefits Plans for Individuals Receiving Compensation right choices for you from the Office of Workers' Compensation Programs (OWCP). ,2000 **Guide to Federal Employees Health** Benefits Plans for Certain Temporary Employees ,2002 Guide to Federal Benefits for Individuals Receiving Compensation from the Office of Workers' Compensation Programs (OWCP). ,2011 List of Classes of Benefits ,2004 United States Government Publications Available for Selection by Depository Libraries ,2012 The 2015 Guide

to Federal Benefits for Federal Civilian Employees Office of Personnel Management, 2015-02-26 As a Federal employee the benefits available to you represent a significant piece of your compensation package They may provide important insurance coverage to protect you and your family and in some cases offer tax advantages that reduce the burden in paying for some health products and services or dependent or elder care services. The purpose of this Guide is to provide you basic information about the benefits offered to you as a Federal employee and assist you in making informed choices about these benefits as you move through your career and prepare for retirement **Guide to Federal Benefits for Certain** Temporary Employees ,2010 Guide to U. S. Government Publications ,1980 **Monthly Catalog of United States Government Publications** ,2003 Monthly Catalog of United States Government Publications United States. Superintendent of Documents, 1968 February issue includes Appendix entitled Directory of United States Government periodicals and subscription publications September issue includes List of depository libraries June and December issues include semiannual index Introducing the ... Guide to Federal Benefits for TCC and Former Spouse Enrollees/individuals Eligible to Enroll for ...,2009 Total Compensation Brian Kuhn, Brian Patrick Kuhn Cfp (R), 2013-06-04 A handy practical guide to federal employee benefits for use by households looking to accomplish their personal finance and retirement goals Each chapter also includes a section for private sector workers for comparison The ... Guide to Benefits .2004 Federal Employees Health Benefits Plans for TCC and Former Spouse Enrollees ,1999

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#### **Table of Contents 2guide To Federal Benefits**

- 1. Understanding the eBook 2guide To Federal Benefits
  - The Rise of Digital Reading 2guide To Federal Benefits
  - Advantages of eBooks Over Traditional Books
- 2. Identifying 2guide To Federal Benefits
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an 2guide To Federal Benefits
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from 2guide To Federal Benefits
  - Personalized Recommendations
  - 2guide To Federal Benefits User Reviews and Ratings
  - $\circ\,$  2guide To Federal Benefits and Bestseller Lists
- 5. Accessing 2guide To Federal Benefits Free and Paid eBooks
  - 2guide To Federal Benefits Public Domain eBooks
  - 2guide To Federal Benefits eBook Subscription Services

- 2guide To Federal Benefits Budget-Friendly Options
- 6. Navigating 2guide To Federal Benefits eBook Formats
  - o ePub, PDF, MOBI, and More
  - 2guide To Federal Benefits Compatibility with Devices
  - o 2guide To Federal Benefits Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of 2quide To Federal Benefits
  - Highlighting and Note-Taking 2guide To Federal Benefits
  - Interactive Elements 2guide To Federal Benefits
- 8. Staying Engaged with 2guide To Federal Benefits
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers 2guide To Federal Benefits
- 9. Balancing eBooks and Physical Books 2guide To Federal Benefits
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection 2guide To Federal Benefits
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine 2guide To Federal Benefits
  - Setting Reading Goals 2guide To Federal Benefits
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of 2guide To Federal Benefits
  - Fact-Checking eBook Content of 2guide To Federal Benefits
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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