# American Red Cross Lifeguard TEST / (MED 302) 2022 Emergency Medicine Red Cross Lifeguard Test complete Guide Latest

How can you best protect yourself from possible blood borne pathogen transmission when providing care?

- a. Ask the victim first if they have any communicable diseases.
- Thoroughly wash your hands before providing care.
- c. Use first aid supplies, such as dressings and bandages, as a barrier when in contact with the victim.
- d. Use personal protective equipment (PPE), such as disposable gloves and a breathing barrier, when providing care. {{Ans- D

A 12-year-old child at a swim meet grabs their chest and begins to make wheezing noises. After you obtain consent to provide care, the child's parent informs you that the child has a history of asthma, but does not have an inhaler nearby. What care should you provide?

- a. Give 5 back blows.
- b. Summon more advanced medical personnel and place the victim into a position that helps breathing
- Tell the victim to use an inhaler borrowed from a bystander.
- d. Wait 20 minutes to see if the breathing difficulty goes away. ((Ans-B)

Your initial impression of a victim is based on:

- a. The victim's initial vital signs.
- b. How the victim appears to you as you size up the scene.
- c. The victim's SAMPLE history.
- d. What you have been told about the victim. {{Ans-B

You and another lifeguard find an unresponsive adult on the floor in the locker room. You activate your facility's EAP, size-up the scene, form an initial impression and perform a primary assessment. You find the victim is not moving or breathing, but has a pulse. You should summon EMS personnel, then:

- a. Give ventilations at a rate of labout every 5-6 seconds.
- b. Give back blows and chest thrusts.
- c. Give quick breaths at the rate of 20 to 40 a minute.
- d. Perform CPR. {{Ans-A

You arrive on the scene where a patron appears to be injured. Before approaching the victim, which of the following will you NOT do as you size-up the scene?

- a. Begin performing the primary assessment.
- b. Use all your senses to determine if the scene is safe.
- c. Form an initial impression.

# **American Red Cross Lifeguard Test Study Guide**

**Yijin Wang** 

#### **American Red Cross Lifeguard Test Study Guide:**

American Red Cross Lifeguard Exam Educational Testing Group, 2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding guestions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills guestions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifequarding Skills Lifeguarding For Dummies Cary Epstein, Cameron DeGuzman, 2023-04-13 Save lives earn money stay in shape and have fun as a lifequard Lifequarding For Dummies will give you insight into what it takes to be a lifequard and how to train and prepare to be a lifesaver 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about the refugee crisis Observer Aged 8 Dina Nayeri fled Iran along with her mother and brother and lived in the crumbling shell of an Italian hotel turned refugee camp Eventually she was granted asylum in America She settled in Oklahoma then made her way to Princeton University In this book Nayeri weaves together her own vivid story with the stories of other refugees and asylum seekers in recent years bringing us inside their daily lives and taking us through the different stages of their journeys from escape to asylum to resettlement In these pages a couple fall in love over the phone and women gather to prepare the noodles that remind them of home A closeted queer man tries to make his case truthfully as he seeks asylum and a translator attempts to help new arrivals present their stories to officials Naveri confronts notions like the swarm and on the other hand good immigrants She calls attention to the harmful way in which Western governments privilege certain dangers over others 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